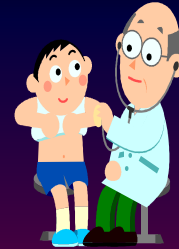


# WELL ADULT CARE



Departemen IKM/IKK/IKP  
FK USU

## Objective

- ▣ The student will be able to describe:
  - Special considerations in examining small children
- ▣ Risk factor identification
- ▣ Immunizations
- ▣ Screening for asymptomatic disease
- ▣ Patient Education

12/4/2010

## WELL ADULT CARE

- ❑ Preventive care for adults (17-65) integrates many different aspects of medical care.
- ❑ Preventive or well care relies heavily on the person (patient) and requires an in-depth personal and family history
- ❑ The clinician must therefore be an expert history taker and keep accurate records of identified risk factors.
- ❑ To organize your approach to preventive and adult care there is a mnemonic, RISE (Risk Immunization Screening Education)

## Risk factor identification

- ❑ Identifying risk factors involves a detailed personal and family history.
- ❑ A personal history: concentrate on habits and hobbies, past medical history, and sexual history (including sexual orientation)
- ❑ The family history should assess psychiatric history

## **Immunizations**

## **Screening for asymptomatic disease**

# Patient Education

THANKS